Day 1: Thursday July 14, 2022

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| TIME | ACTIVITIES AND PRESENTATIONS  |
| 7:00 – 8:00 AM | REGISTRATION & HEALTHY START BREAKFAST  |
| 8:00 – 8:45 AM | WELCOME by **Lynnelle King BS, IBCLC, CD (DONA)**, Chair of the Idaho Breastfeeding Coalition *Revisit: The Vision of the Idaho Breastfeeding Coalition*At the end of this activity, the learner will be able to:1. Learner will understand the vision and mission of the IBC
2. Learner will identify which district they reside
3. Learner will be able to identify IBC’s 5 Areas of Focus
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| 8:45-9:00 AM | BREAK / DRAWINGS - VISIT VENDORS |
| 9:00-10:30 AM | **Laurel Wilson,** [**IBCLC, RLC, BSc, CLE, CLD, CCCE, BSc, CPPI**](https://lactspeak.com/laurelwilson/speaker/profile)*The Long-Term Legacy: Human Milk and the Epigenome*At the end of this activity, the learner should be able to:1. Define epigenome and genome.
2. Identify 2 ways human milk influences the epigenome.
3. Define human milk oligosaccharide.
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| 10:30-10:45 AM | BREAK / DRAWINGS - VISIT VENDORS |
| 10:45-12:15 | **Laurel Wilson,** [**IBCLC, RLC, BSc, CLE, CLD, CCCE, BSc, CPPI**](https://lactspeak.com/laurelwilson/speaker/profile)*Gut Reaction: Human Milk and the Microbiome*At the end of this activity, the learner should be able to:1. Define microbiome.
2. List one way that microbiome can have a positive impact on the health of the infant.
3. Identify the difference between prebiotics and probiotics
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| 12:15-1:15 | **LUNCH** 12:45-1:15 **open for Discussion–It Takes a Village?**  |
| 1:15-1:30 | **BREAK/ VISIT VENDORS** |
| 1:30-2:30 PM | **HIGHLIGHT NORTH IDAHO:** **Molly Gunsaulis, DDS***Collaborative Assessment and Management of TOT’s (Tethered Oral Tissue)*At the end of this session the learner should be able to:1. Release providers TOT’s assessment
2. Ideal collaborative mis of providers when TO’s are present: order, timing, why
3. What to expect following release of TOT’s: healing, function, structure, airway, feeding, posture
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| 2:30-2:45 PM | **BREAK/DRAWINGS VISIT VENDORS** |
| 2:45-3:45 PM | **HIGHLIGHT NORTH IDAHO:** **Kimberlee Wassink MS, CCC-SLP, NTMC-T and Linsey Willoughby MS, CCC-SLP, BCS-S, IBCLC - KH SLP** *Help! This baby can’t suck!* At the end of this activity, the learner should be able to:1. Identify signs and symptoms consistent with jaw instability
2. Identify risks of jaw instability on maternal milk production and early termination of breastfeeding
3. Identify when a patient is canceled when and who to refer to
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| 3:45-4:00 PM | **BREAK/DRAWINGS VISIT VENDORS** |
| 4:00-5:00 PM | **HIGHLIGHT NORTH IDAHO:** **CHELSEA PEARSON D.C.,F.I.C.P.A** *Craniosacral for infants and how the birth process effects a baby’s ability to nurse and thrive*At the end of this activity, the learner should be able to:1. What is cranial sacral and how does it work on babies
2. How pregnancy and the birth process can affect an infant's cranium
3. How cranial and dural meningeal biomechanical dysfunction affects the development of the baby
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| 5:00-5:30pm | Wrap-up and Evaluations  |
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Day 2: Friday July 15, 2022

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| Time | Activities and Presentations  |
| 7:00 – 8:00 AM | REGISTRATION & SIGN-IN; & HEALTHY START BREAKFAST  |
| 8:00 – 8:45 AM | WELCOME by **Lynnelle King****Lynnelle King**, **BS, IBCLC, CD(DONA)***Revisit: The Vision of the Idaho Breastfeeding Coalition*At the end of this activity, the learner will be able to:1. Learner will meet others from their district
2. Learner will identify how they can protect, promote and support breastfeeding in their district
3. Learner will create an event idea to host in their district in the year 2022
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| 08:45-9AM | BREAK/ VISIT VENDORS |
| 9:00-10:30 AM | **Trillitye Paullin, Ph.D.***Identifying food allergies in breastfed children.*At the end of this activity, the learner will be able to:1. Differentiate between IgE and non-IgE mediated food allergies and intolerances.
2. Assist parents in pinpointing symptoms and comparing symptomology to other common anatomical or lactation issues.
3. Understand how dietary foods transfer to the breast and whether this can elicit such responses in breastfed children.
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| 10:30-10:45 AM | BREAK / DRAWINGS - VISIT VENDORS |
| 10:45 AM-1215 PM | **Trillitye Paullin, Ph.D.***Elimination and reintroduction strategies that empower parents to reach their breastfeeding goals.*At the end of this activity, the learner will be able to:1. Determine best elimination diet practices based on parental and familial factors.2. Understand timing for transfer to the breast as well as reactivity.3. Assist parents with reintroduction strategies specific to each individual dyad's needs. |
| 12:15-1:15 PM | **BUFFET LUNCH & VISIT VENDORS*** **12:45-1:00 AWARD: Jane Grassley Breastfeeding Award of Excellence**
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| 1:15-3:15 PM | **Facilitated by Laurel Wilson IBCLC, RLC, BSc, CLE, CLD, CCCE, BSc, CPPI** **and Maureen Finigan RN, IBCLC**PANEL *Case Study**DDS- Molly Gunsaulis**SLP- Kimberly and Linsey Willoughby**CHIROPRACTOR- Chelsea Peason**MSW- Chloe Logan**IBCLC- Maria Walden**MD, IBCLC- Dr. Emily Cox* *Dr. Trillitye Paullin, Ph.D.**PARENT panelist - K Griffith*At the end of this activity, the learner will be able to:1. Identify birth complications that adversely affect breastfeeding2. Identify and understand the specific skill set of each discipline, and how they work to support the breastfeeding dyad3. Understand the value of the collaborative model of care as it relates to an interdisciplinary team |
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| 3:30-4:00pm | BREAK / AUCTION - VISIT VENDORS |
| 4:00-5:00 PM | **Laurel Wilson,** [**IBCLC, RLC, BSc, CLE, CLD, CCCE, BSc, CPPI**](https://lactspeak.com/laurelwilson/speaker/profile)*Case Study Wrap Up*At the end of this activity, the learner will be able to: 1. Understand an interdisciplinary approach to the care of breastfeeding dyads 2. Identify the barriers created by miscommunication 3. Verbalize skills useful in creating seamless handoffs |
| 5:00-5:30pm | **Lynnelle King: Coalition Chapter Work** WRAP UP & EVALUATIONS * EVALUATIONS
* See you next year!
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